



WAYFORTH[®]



PRESENTED IN PARTNERSHIP WITH
THE VILLAGE AT ROCKVILLE



Simplify Your Space



Let's Look Ahead



Downsizing Quick Tips

- Start NOW!
- Start small
- Set a timer
- Focus on what you're moving forward
- Simplify, simplify, simplify!

Let's Start in the Kitchen



Imagine...



Eliminate the Excess



Sort Your Spices



McCormick
The Taste You Trust™

Do you know the signs of aging?

If you see "Baltimore, MD" on the label, the spice is at least 15 years old.

Except for black pepper, McCormick® spices in rectangular tins are at least 15 years old.

CHECK YOUR SPICES ✓

FANCY IMPORTED GROUND THYME
Fried Chicken — Cheese Sauce —
Fried Chicken — Creamed Sauce —
Sausage — Pork Roast — Lamb

McCormick & Co., Inc.
BALTIMORE, MD 21204

McCormick
Ground
CINNAMON
NET WT 1.12 OZ. 31 g

Are your spices too old? Go to www.mccormick.com/freshflavor for more tips and ways to tell if your spices are past their prime.

©2009 McCormick & Co., Inc.

Reduce Your Cookware

- ▶ Focus on breakfast and lunch needs
- ▶ Two frying pans
- ▶ One pot of each size
- ▶ Cookware for special meals



Save Space



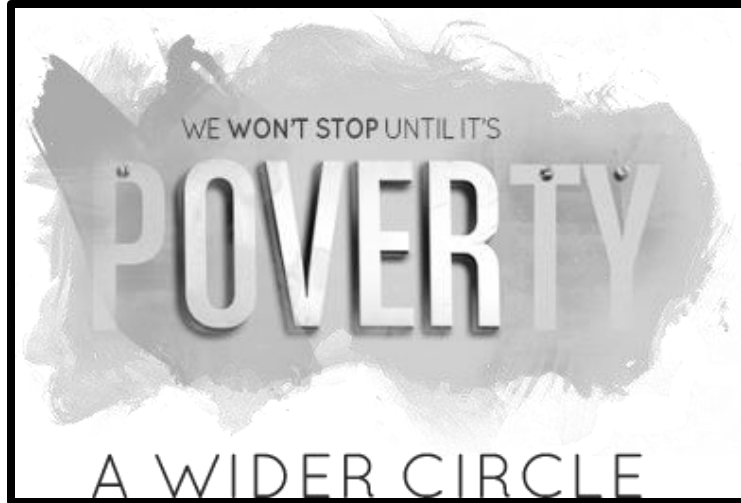
SOLUTIONS FOR YOUR STUFF

- Family
- Sell
- Donate
- Haul

What Sells?



Local Donation Partners



We'd move mountains to move you safely.

Same compassion and commitment. New safety measures designed
with you and your loved ones in mind.



Contactless Moving Available



Temperature Testing



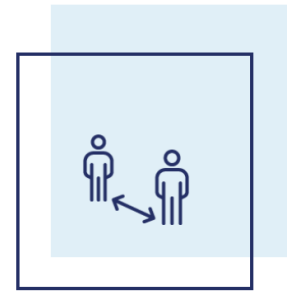
Mask and glove use



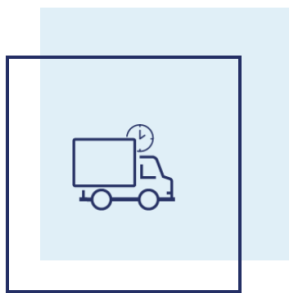
Health Screenings



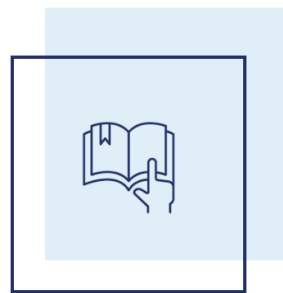
Meticulous Cleaning



Social Distancing



Selective Scheduling & Use of Resources



Mandatory Health and Safety Training



Continuous Monitoring Plan

Taking Care Of You Has Never Mattered More



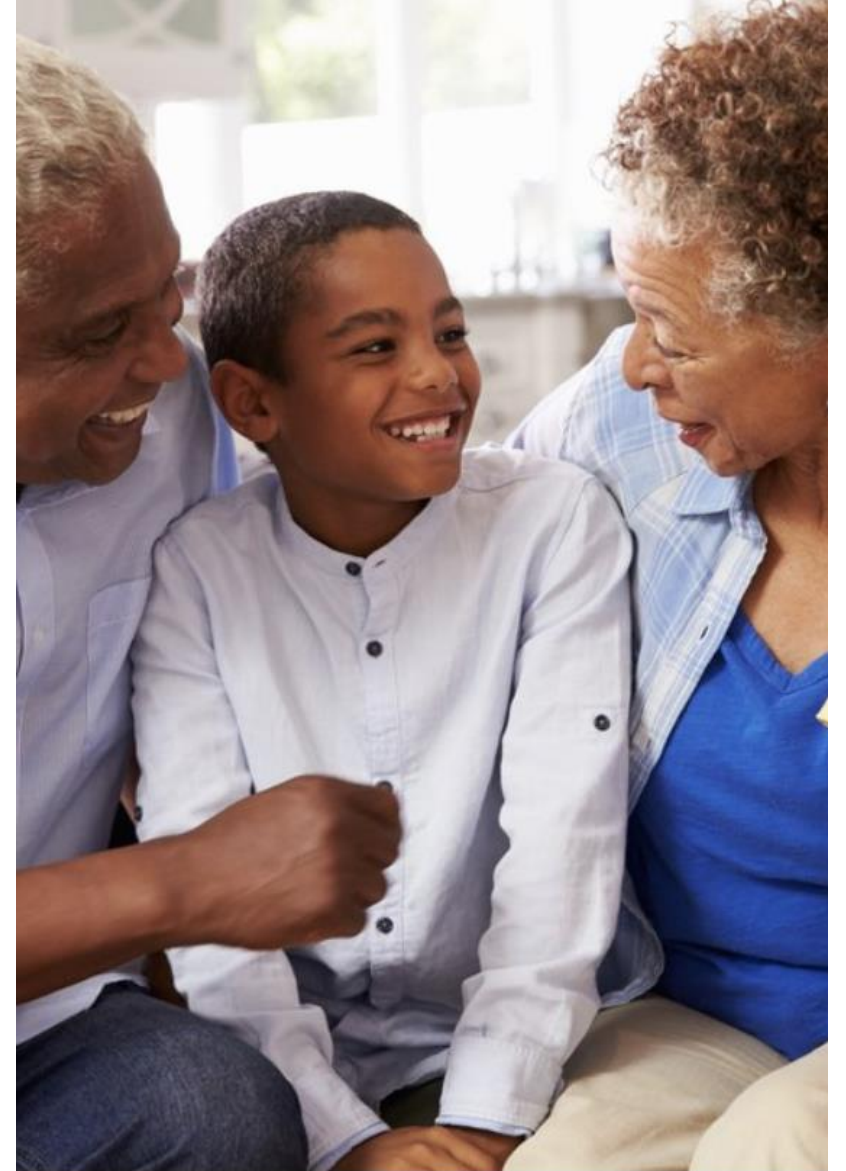


World-Class Service, First-Class Care



AARP[®]

Simplify Your Life



For More Information:

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