# Let's GO Downsize! with Labor of Love



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#### **Introductions**

- Kathy Campbell
- Sally DuQuette



### **Safety First!**

How do we make sure that you and our employees remain safe during your move amidst the pandemic?





- Follow The Village at Rockville (TVAR) regulations
- Follow Center for Disease Control (CDC) regulations
- Test for COVID-19 Weekly
- Check Temperatures Daily
- Wear Masks at all times
- Maintain social distancing keeping at least 6 foot distance
- Wash hands frequently

## Helping you Design the Layout of your New Floorplan

Your Move Manager will help you plan effectively and discuss the importance of making careful furniture choices to make your NEW home functional, familiar and comfortable.

The Quince Orchard

#### The initial process involves:

- Identifying furniture you would like to take with you
- Measuring everything to see what will / will not fit
- Drawing up a plan with your items in place



Glenmere Apartments The Village at Rockville 2 Bedrooms, 2 Baths

## Why do we downsize?



Glenmere



Relocating to a smaller, more manageable home allows extra time to focus on friends, family and hobbies.

The Village Rockville

A National Lutheran Community

• Madical / Haalth Naada

Alleviating the concern or

burden for loved ones

Medical / Health Needs

## Recommended Timeline for Downsizing In every aspect of downsizing, it is important to be organized and

proactive to manage all of the channels of the move.

Time	Move Manager Timeline
6 months	Hire Move Manager
4 months	<ul> <li>Helps to identify items to keep and design floorplan layout</li> <li>Clean out file cabinets and important documentation</li> <li>Organize family photos</li> </ul>
3 months	Cleans out closets, desk drawers, garages, storage, attics, etc.
2 months	<ul> <li>Manage distribution of donations and items to be disposed of</li> </ul>
1 month	<ul> <li>Organize Kitchen and Personal/ Frequently Used Items to get ready for packing</li> </ul>
2 weeks	<ul><li>Move Manager Begins Packing Process</li><li>Reserve Movers</li></ul>
Move day	<ul> <li>Pack refrigerator/freezer</li> <li>Manage Movers</li> <li>Organize placement of furniture in new place</li> <li>Unpack, Hang Pictures</li> </ul>

### **Downsizing Strategy**



- Take pictures of rooms and / or furniture to recreate familiar settings for a memory or recall of a favorite display
- Warning: You will get wrapped up in the memories. Give yourself time to enjoy the process!
- Start with the rooms / items you use the least
- Is family available to help go down memory lane with you to honor family treasures?
- Communication is VERY important. Don't assume what everyone wants.
- Minimize the stress. Don't set unrealistic expectations. Let a move manager assist.
- Get tough. It all can't go with you, so know when to let go!

## Downsizing is not easy

There are a lot of emotions and memories attached to belongings. Letting go of a part of your life is not easy.

We help you to decide:

- What to do with the overflow of belongings that family and friends do not want?
- What kind of lifestyle do you envision at Glenmere?
- What can be donated and what should be properly disposed of

#### Ready, Set, Donate!

If you want to jumpstart the process, here are some places accepting donations during the Pandemic

The Wider Circle



Goodwill Industries



Habitat for Humanity



## This is a new chapter and adventure in life! Let us help you!



**Hire Labor of Love!** 



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