

# Indoor Visitor Guidelines during the COVID-19 Pandemic:

- 1. Visitors, residents, and staff are required to wear a mask or face covering at all times during the visitation sessions.
  - a. If a visitor does not properly wear their mask or face covering, they will be asked to leave.
  - b. If a resident is not able to properly wear their mask for any reason, the visit will end or may be moved to a window visit.
- 2. Visitors will be screened prior to visiting their loved one. This includes a questionnaire and signs or symptoms of respiratory illness or a fever. If there is a sign or symptom or concerns with questionnaire answers, the visitor will not be allowed to visit.
- 3. After the screening, temperature check (must be less than 99.0\*) and proper hand hygiene, the visitor(s) will be assigned a visiting station (Table #1, #2, etc.). If the station is occupied, the visitor should wait in the appropriate area while practicing social distancing.
- 4. Two (2) visitors at a time are authorized to visit with a resident. If additional visitors show up for the same resident, they will be asked to leave.
- 5. Visitors will perform hand hygiene at the beginning and end of their visit.
- 6. The visitor is restricted to visiting their loved one and should limit their interactions with other visitors, staff or residents.
- 7. The visits will be 20 minutes with the resident scheduled in a 30-minute timeslot to allow for set-up and clean-up. We will do our best to ensure residents arrive at their scheduled time.
- 8. At the end of the visit, visitors will promptly exit through the Lang Hall patio doors to allow space for social distancing and proper sanitation between each visit.
- 9. Please do not bring any additional items to the visitation site. This includes drinks, items for your loved one, food, etc. Please keep any outwear like coats, scarves, hats and gloves with you.
- 10. All visitors are required to stay six feet from your loved one, other visitors and staff members at all times.
- 11. Visitors are not permitted in any other area of the building for any reason.
- 12. Please follow all posted information and directions given during your visit. Adhere to signs at all times. If you have questions, ask a team member in the visitation area.

Continued



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13.As a reminder, visitors should continually monitor for signs and symptoms of COVID-19. If any signs or symptoms occur such as coughing, fever greater than 99\*, difficulty breathing, muscle pain, diarrhea, vomiting, headaches, loss of smell/taste, contact your primary care physician for next steps and inform our front desk staff by calling 301.424.4650.

Visitor Signature

Date





# **FREQUENTLY ASKED QUESTIONS**

## 1. Can I give my loved one a quick hug or touch them lightly just to have a little physical contact?

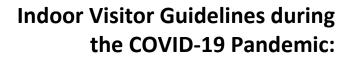
- a. No, this is not permitted at this time. Doing so will lead to you being asked to leave and may prevent future patio visits. We ask you to practice social distancing during your visit, remaining at least six feet from your loved one, other visitors and staff members at all times.
- b. If physical contact is made, the resident will be placed on observation for 14 days, based on Maryland Department of Health guidelines. This means they will be quarantined to their apartment/room and monitored for signs and symptoms of COVID-19.
- 2. Will restrooms be available inside the building?
  - a. Yes, public restroom access will be available.
- 3. Can I sign up for visit time slots back to back? I live far away and/or would like to see my loved one for a longer time. For example 11-11:20 a.m. & 11:30 a.m.-11:50 a.m.?
  - a. Unfortunately, we are only able to offer one visit per resident each week to ensure every resident has an opportunity to have family visit. We also need to limit the amount of time our residents and staff are exposed to visitors. Twenty to 30 minutes is the maximum amount of time we feel comfortable with exposure to each visitor.
- 4. Can I sign up on a day for Assisted Living visits even though my loved one is on second or third floor?
  - a. No, we have been strategic in how we have set up these visitation times for each floor. We continue to limit interactions between residents and staff from the different levels of care. Please see the current schedule for visits at the end of this document.

### 5. If I arrive earlier than my visit time, what should I do?

- a. We ask that you stay in your car until a few minutes before your visit. This will ensure our team has enough time to clean and disinfect the visitation area prior to your visit.
- 6. Are walk-up visits allowed?
  - a. No, you must sign up through Sign-up Genius in order to visit your loved one.
- 7. Where should I park when I come to visit?
  - a. Parking is available at the main entrance of the Health Center, close to the chapel.

### 8. Are patio visits and virtual visits still available?

a. Yes, patio visits and virtual visits are available through the SignUpGenius link at the bottom of this document.





#### 9. I typically bring something special for my loved one each time I visit. Can I continue to do this?

a. You can certainly still bring items for your loved one, but not to the visitation site. Please follow our normal procedure for dropping off items at the main entrance.

#### 10. Am I permitted to visit my loved one's room?

a. No, guests will only be permitted in the designated visiting area located in Lang Hall.

#### Indoor Visit Schedule as of October 19, 2020

Friday	2 <sup>nd</sup> floor and 3 Maryland	11 a.m. – 12:20 p.m.
Thursday	Assisted living	11 a.m. – 12:20 p.m. and 2:30-4:30 p.m.
Wednesday	2 <sup>nd</sup> floor and 3 Maryland	11 a.m. – 12:20 p.m.
Tuesday	Assisted living	11 a.m. – 12:20 p.m.
Monday	2 <sup>nd</sup> floor and 3 Maryland	11 a.m. – 12:20 p.m. and 2:30-4:30 p.m.

#### Patio Visit Schedule as of October 19, 2020

Tuesday	Assisted Living	4-4:50 p.m.
Wednesday	2 <sup>nd</sup> floor and 3 Maryland	4-4:50 p.m.

#### All sign-ups are taken through SignUpGenius

Path Forward	www.thevillageatrockville.org/pathforward
COVID-19 Dashboard	www.thevillageatrockville.org/covid-19-dashboard
Indoor Visits	www.signupgenius.com/go/tvarindoorvisits
Patio Visits	www.signupgenius.com/go/tvarvisits
Virtual Visits	www.signupgenius.com/go/tvarvirtualvisits