



A National Lutheran Community

To: All Residents, Families and Team Members

From: Kyle Hreben, Executive Director

Date: December 4, 2020

Subject: Path Forward Update

Memorandum

December! It is hard to believe that we are almost to 2021. One month from today, the first residents will move into Glenmere, our new apartment expansion! Due to COVID-19 restrictions, there is a very structured visitation protocol in this independent living building, but I do look forward to you seeing inside of this beautifully designed addition to our community.

As we celebrated Thanksgiving last week, Health Center residents enjoyed a traditional holiday meal prepared and served by our Dining Services team – roast turkey, glazed ham, mashed potatoes, cornbread dressing, green beans, baby carrots, cranberry sauce and apple pie. ConnectedLiving did an amazing job decorating the tables and making the dining room more home-like and festive. Many independent living residents participated in our first-ever virtual Friendsgiving. They pre-ordered their Thanksgiving meal from Dining Services and then joined together virtually for a happy hour filled with sharing laughs and traditions, followed by eating their dinner together. It has been great to see how many residents have embraced new ways to create new traditions using technology.

We continue our twice weekly test for team members and weekly testing for Health Center residents, as required by the state of Maryland. With this week's second round of testing, we have one team member and one additional resident who tested positive for the virus, both asymptomatic. We are grateful for our testing protocols that enable us to determine asymptomatic residents and team members as quickly as possible, removing additional risk from the community.

Because residents in the 2 Maryland neighborhood had exposure to the team member who tested positive, window visits, communal dining and small group programming have been suspended for the next 10 to 14 days. We remain in close contact with the Department of Health and will await their guidance for resuming programming.

Earlier today, many residents listened to the United States Army Band's American Holiday Festival, broadcast from Constitution Hall. With no lines and no D.C. parking challenges, the American Holiday Festival's line-up includes two remaining concerts on December 11 and December 18. This is just one example of how The Village at Rockville continues to offer engagement opportunities during this time. Click [here](#) for the festival's schedule.

In other community news, there are a variety of upcoming events and opportunities to share with you:

- The virtual visit schedule has been expanded to offer additional times. You'll find the full visit schedule below, as well as links to SignUpGenius.

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- Check your inbox for an email sent earlier today from The Village at Rockville requesting you to create videos to share with your loved ones on Christmas Eve. If you haven't received, check your spam or junk mailbox. Specific submission instructions are included in the email, and videos are due by December 22.
- Join us for a virtual program, *Nancy Reagan's Dementia Caregiving Approach: Helpful or Harmful for You?* on Tuesday, December 8 from 3-4 p.m., with Jennifer FitzPatrick, MSW, LCSW-C, CSP. You can sign up for this Zoom program at www.thevillageatrockville.org/dementia.
- Once again, we are preparing Christmas Boxes for long-term care residents. These are small plastic boxes, a bit larger than a shoebox, that have useful items for residents (see attached list of suggested items). If you would like to prepare a box or provide items to for a box, please contact Philanthropy Coordinator Rhonda Ricci at ricci@thevillageatrockville.org or 301-354-8437. It is helpful if you could inform us of your participation. If possible, we'd like these items delivered by December 11. Thanks for brightening the holidays for others!
- Plan ahead to Thursday, December 17 from 1:30-2:30 p.m. for *Support for Families: Coping in the Age of COVID-19*, our virtual series with Montgomery Hospice. Residents, resident families, team members, and friends are welcome to attend to receive wellness strategies to guide us through these challenging times. You can sign up by clicking [here](#) or visiting: <https://www.signupgenius.com/go/9040c44adad28abf85-support>.

As we have found many new ways to “do life” at The Village at Rockville over the past nine months, we remain grateful for the support and concern that families have shared with our team members. Thank you for your continued encouragement!

The Village at Rockville Visit Schedule as of December 4, 2020

Note: All 2 Maryland window visits are on hold until further notice

Window visits at Multipurpose Room (Terrace Level):

Sign-up link: www.signupgenius.com/go/tvarvisits

Monday, Wednesday, Friday:	Second and Third Floor	2:30-4:30 p.m.
Residents Tuesday:	Assisted Living Residents	2:30-4:30 p.m.

Glass Door Visits at Lang Hall Patio

Sign-up link: www.signupgenius.com/go/tvarvirtualvisits Please input “glass door visit” in the special remarks section of the virtual visits sign-up on the designated days below.

Assisted Living residents	Second Floor residents
Saturdays 10 a.m. to 4:30 p.m.	Sundays 10 a.m. to 4:30 p.m.
	3 Maryland residents
	Wednesdays 1 p.m. to 4:30 p.m.

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Virtual Visits

Sign-up link: www.signupgenius.com/go/tvarvirtualvisits

Assisted Living residents

Monday-Friday 1 to 2:05 p.m.

Saturdays 10 a.m. to 4:30 p.m.

Second floor residents

Monday-Friday 1 to 3 p.m.

Sundays 10 a.m. to 4:30 p.m.

3 Maryland residents

Monday-Friday 1 to 4:30 p.m.

For reference:

Path Forward

www.thevillageatrockville.org/pathforward

COVID-19 Dashboard

www.thevillageatrockville.org/covid-19-dashboard

Window Visits

www.signupgenius.com/go/tvarvisits

Virtual Visits

www.signupgenius.com/go/tvarvirtualvisits

