



A National Lutheran Community

To: All Residents, Families and Team Members

From: Kyle Hreben, Executive Director

Date: December 11, 2020

Subject: Path Forward Update

Memorandum

It's beginning to look a lot like Christmas at The Village at Rockville. We decorated for Christmas just after Thanksgiving to have as much time to enjoy the lights and beauty of the trees and other decorations.

In our twice weekly COVID-19 testing in the Health Center, all residents tested negative, and three asymptomatic team members tested positive for the virus. We do continue to have our single point of entry into the Health Center, with a team member check-in station that requires a temperature reading and a symptom, travel and exposure questionnaire. In addition, we continually focus on education on the virus and the best practices around protection and mitigation.

Two IL residents have disclosed to us that they tested positive and are completing their self-quarantine periods in their cottage homes. As a reminder to IL residents, if you do test positive, please inform Millie Jarrell in the myPotential Care Center at 301-354-8401.

Our team is also working closely with residents and their families when compassionate care visits are needed for residents with significant medical changes. Prior to visiting, guests must follow COVID testing requirements, which includes presenting evidence of a negative test within the past 72 hours.

We have begun to receive information on a COVID-19 vaccination. The Village at Rockville has made the choice to work in partnership with CVS for the vaccination. CVS is working closely with the Centers for Disease Control (CDC) and will be the team administering the vaccination. At this time, we know from the news media there are three vaccines that are performing well. We are not yet sure of which will become available to us. However, when we have this information, we will make it available to all residents, team members and resident's families.

At this time, as an organization, we are not requiring the vaccination, but we highly recommend it. After receiving full approval from the Food and Drug Administration, we are unsure if the Centers for Medicare and Medicaid Services will require residents and team members who have not already received the vaccination to get it.

We understand many are unsure if receiving a vaccine for COVID-19 is a safe decision. Our recommendation to get the vaccination is based on the appropriate approvals and recommendations from infectious disease experts. As we know more about the specific vaccine, we will provide more information, and our team will be available to answer questions.

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In other community news, earlier this week, Chaplain Barnes and residents in Assisted Living (2PC) joined to enjoy Christmas songs from their native countries – Poland, Mexico, Canada (French) and the USA. Socially distanced, they watched songs together on YouTube, celebrating friendships, diversity and the sounds of the season.

We had a very successful AL Forum on Tuesday, December 8 at 2 p.m. Eleven AL residents were able to attend live in Lang Hall. AL Forum is an opportunity for residents to receive updates, ask questions and voice any concerns. The residents who did not attend live watched from the comfort of their apartment through the Engage Channel (channel 975). Assisted Living residents also enjoy a pizza party from Ledo Pizza (per their request) on Thursday, December 10 during lunch.

Thursday kicked off the first of our holiday concerts. Residents enjoyed a holiday music piano concert in each community by our ConnectedLiving Coordinator Jieun Lee. Both Assisted Living and Long Term Care residents have been participating in jewelry making and ornament making. Our Health Center residents continue to enjoy small group programming and virtual weekly one-on-one music therapy sessions.

Our IL residents started training on our Resident Information Center on Monday. Our community services concierge is conducting virtual small group trainings with our residents to assist in the understanding and operation of the portal. We are so excited for the increased satisfaction the portal brings by having all the information our residents want in one place. Additionally, we also had a successful virtual IL town hall on Wednesday, December 9. IL residents will enjoy a virtual happy hour later today featuring a special cranberry cocktail.

As a reminder, here are a few upcoming events and opportunities:

- Spreading Holiday Cheer video messages are due by December 22. Here's a [link](#) to the specific submission instructions that have also been shared through email.
- Plan ahead to Thursday, December 17 from 1:30-2:30 p.m. for *Support for Families: Coping in the Age of COVID-19*, our virtual series with Montgomery Hospice. Residents, resident families, team members, and friends are welcome to attend to receive wellness strategies to guide us through these challenging times. You can sign up by clicking [here](#) or visiting: <https://www.signupgenius.com/go/9040c44adad28abf85-support>.

Thank you for your continued encouragement and partnership as we walk this path together.

For reference:

Path Forward	www.thevillageatrockville.org/pathforward
COVID-19 Dashboard	www.thevillageatrockville.org/covid-19-dashboard
Window Visits	www.signupgenius.com/go/tvarvisits
Virtual Visits	www.signupgenius.com/go/tvarvirtualvisits