



A National Lutheran Community

To: All Residents, Families and Team Members

From: Kyle Hreben, Executive Director

Date: January 16, 2021

Subject: Path Forward Update

Memorandum

As we continue our weekly testing of residents and twice weekly testing for team members, this week, three residents from our 2 Virginia neighborhood tested positive for the virus, as well as seven team members from various departments. Most residents and team members have no symptoms or mild symptoms. A number of residents and team members have also moved to our “recovered” category this week. As a reminder, the [COVID-19 dashboard](#) on our website provides the most up-to-date information on the impact of COVID-19 in our community.

While we remain in outbreak status, we have taken additional steps to mitigate transmission of the virus in Health Center, as we continue to hold the safety and well-being of our residents and team members as a top priority. These decisions are made with careful consideration with our clinical team, as we understand the impact that changes have on residents and team members.

At this time, communal dining and small group activities have been suspended for all Health Center neighborhoods, including Assisted Living. Residents should remain in their rooms/apartments and will receive meals there until further notice. ConnectedLiving continues to provide daily virtual programming on the Engage Channel, which is available in each residents’ room/apartment. In the Health Center, we have limited team members’ movement throughout the building, and throughout the campus, we continue to frequently sanitize high-touch areas.

We have also made the following temporary changes to our visits:

- Window visits and glass door visits have been postponed until further notice.
- The virtual visits schedule remains as it has been. ConnectedLiving coordinators cannot cross communities for infection control reasons, so you may not see your community listed daily. With that said, we are working to find the best solution for weekend virtual visits from an infection control standpoint. Thank you in advance for your patience.
- An additional location for 3 Virginia has been added to the virtual visits schedule.
- Please see the links below for the visit schedules.

We will continue to adhere to the current in-person visitation guidelines provided by the state of Maryland and the Centers for Medicare and Medicaid Services, which limit in-person visitations to those in need of compassionate care visits. Additionally, we will continue to follow the twice weekly testing as directed by the Department of Health. We also strongly recommend that no outside appointments be scheduled for residents in the Health Center unless they are medically necessary.

Continued

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Our partnership with Montgomery Hospice continues with our virtual series: *Support for Families: Coping in the Age of COVID-19*, using Zoom on January 21, February 18 and March 18 from 12:30-1:30 p.m. Residents, resident families, team members, and friends are welcome to attend to receive wellness strategies to guide us through these challenging times. You can sign up by clicking [here](#) or visiting: <https://www.signupgenius.com/go/covidsupport>. The Zoom meeting link can be found on the registration page.

Our next COVID-19 vaccine date is Tuesday, January 26. Those who received their first dose on January 5, will receive their second dose. Additionally, dose one is also available for Health Center residents and team members for those who hadn't had their first dose. We are still awaiting additional direction regarding the availability of the COVID-19 vaccine for Independent Living residents. With the most recent public information from Governor Hogan's office, we are hopeful that we will receive information soon. In the meantime, Independent Living residents are encouraged to take advantage of getting the vaccine through another method if the opportunity is available.

As we continue our path forward, thank you for your continued confidence and support.

For reference:

Path Forward	www.thevillageatrockville.org/pathforward
COVID-19 Dashboard	www.thevillageatrockville.org/covid-19-dashboard
Window Visits	www.signupgenius.com/go/tvarvisits
Virtual Visits	www.signupgenius.com/go/tvarvirtualvisits