

A National Lutheran Community

To: All Residents, Families and Team MembersFrom: Kyle Hreben, Executive DirectorDate: November 20, 2020Subject: Path Forward Update

Memorandum

It's really hard to believe that Thanksgiving is next week. I know that our traditions will look much different for all holidays this year, but we do have much to be thankful for. This week, our leadership team recorded a "grateful for you" message, which was shared with the diligent and resilient team at The Village at Rockville. I know many of you have shared your grateful messages for them, too; we definitely pass them along. In reference to traditions, we've developed a <u>resource to help create new traditions</u> this holiday season.

The virtual visits for Thanksgiving Day will be available by tomorrow evening. We are increasing our virtual visits schedule on Thanksgiving Day, offering 15-minute visits for a set period similar to what we did for Mother's Day and Father's Day. Although window visits will not be available on Thanksgiving Day, they will be available the other days of the week.

I learned this week that ConnectedLiving has information coming soon regarding a Christmas greetings video project, in which families will be asked to share Christmas and holiday greetings with your loved one. Similar to our Mother's Day and Father's Day project, families will be asked to send a video message to be shared on Christmas Eve and Christmas Day. We encourage you to think of how you can bring a smile to your loved one's face through that video – maybe a favorite song or story, a collection of pictures or just a heart-felt message.

Since our last update, Governor Hogan has updated his testing directives for nursing homes. At this time, out of an abundance of caution, we will include all residents living in the Health Center on this newest directive. Next week, we begin the required COVID-19 testing twice weekly for team members and weekly for residents. We believe that this is a proactive measure to ensure that asymptomatic team members and residents are discovered as early as possible to prevent further spread of the virus.

With the return of this week's universal testing results, we do have a total of four team members who are in self-quarantine due to positive test results. As a reminder, our COVID-19 dashboard is updated daily; the link can be found at the end of this update.

A couple of CDC and Maryland Department of Health reminders:

- They recommend that residents do not leave for family holiday gatherings. If residents must leave for any reason other than medical appointments, they may be required to quarantine in our 3VA neighborhood on their Assisted Living apartment for 14 days upon their return.
- Any visitors (for end of life compassionate care visits) must have a negative COVID test within 72 hours of coming in. The test results must be presented upon arrival.

Continued

The Village at Rockville | Path Forward Update | November 20, 2020

Last week, residents in Assisted Living participated in an ice cream taste test. Using two national-brands of vanilla ice cream, residents voted on their favorite. The winner was Blue Bunny, the brand that is currently served in the community.

We continued to celebrate our veterans this week as Montgomery Hospice and The Village at Rockville's Volunteer Coordinator Isabel Bouchard organized a magnificent Veterans Day parade. Staff members from Montgomery Hospice and members of the Montgomery County Police Department decorated their cars in recognition of our veterans' service and drove around our community in celebration. You'll find pictures of the parade on our <u>Facebook</u> page.

On Saturday November 14, we had a virtual concert/sing along prepared by Good Shepherd Lutheran Church in Gaithersburg. This assortment of sacred and secular music included a variety of instruments, musical styles, and groupings – from solos to their full choir. The second Saturday in November has traditionally been the time of our annual Fall Festival, so it was great to have this special event to connect residents with the community. The concert is available on YouTube https://www.youtube.com/watch?v=S86uoZTuWZ0.

Happy Thanksgiving to you and your family!

For reference:

Path Forward	www.thevillageatrockville.org/pathforward
COVID-19 Dashboard	www.thevillageatrockville.org/covid-19-dashboard
Window Visits	www.signupgenius.com/go/tvarvisits
Virtual Visits	www.signupgenius.com/go/tvarvirtualvisits