



A National Lutheran Community

To: All Residents, Families and Team Members

From: Kyle Hreben, Executive Director

Date: February 5, 2021

Subject: Path Forward Update

Memorandum

Over the past few months, we have mentioned the anticipation of the opening of Glenmere, our independent living apartment expansion. On Tuesday, February 2, we celebrated the opening of Glenmere with a virtual ribbon cutting ceremony. In non-COVID-19 times, we would have celebrated in person, had the opportunity to introduce new team members and tour the building. In COVID-19 times, we took a virtual approach with a live opening, a pre-recorded tour and a live celebratory toast through a Zoom event. Even though in a virtual platform, it was an exciting day to enable so many participants to “see” the inside of Glenmere, but even more exciting to bring everyone together to celebrate the expansion of the mission of The Village at Rockville, which is to honor, inspire and support choice and opportunity in partnership with older adults. The community’s health and safety protocols are being followed in Glenmere as well, so any visitors must schedule a time to visit with the Sales team. If you are interested in visiting Glenmere, you can email the team at info@thevillageatrockville.org.

Although many residents and team members have received their second COVID-19 vaccine, we continue to adhere to the guidelines provided by the state of Maryland and CMS and our own internal protocols. **In-person visitations are only available to those in need of compassionate care, and other in-person visitation opportunities will not be available until we have additional direction from the Maryland Department of Health.** Additionally, to our team members, we continue to emphasize the importance of protecting themselves against the virus outside of work. We are hopeful the CDC, CMS and the state of Maryland will provide guidance in the upcoming weeks about how organizations like ours can safely ease some restrictions while continuing to protect residents from the virus.

Three weeks ago, we accomplished a deficiency-free annual survey for our Assisted Living licensure, and yesterday, we received a deficiency-free rating on our Maryland Department of Health’s infection control survey. Deficiency-free surveys are not an easy task, and we could not be more proud of our team for both of these accomplishments.

The ConnectedLiving team has continued to offer virtual programming over the last several weeks when in-person events have been temporarily paused. They are currently revamping virtual programming to include new learning opportunities and introducing new wellness programs, including February’s Heart Health Challenge.

As February is American Heart Month, the Assisted Living and Independent Living residents are competing in challenges against one another (without personal interaction). Activities such as participating in a virtual exercise class, eating an extra serving of a fruit or vegetable, having their heart rate or blood pressure taken give them the opportunity to earn points. Later this month, dieticians Janie and Brittany will engage in a heart-healthy nutrition conversation that will be viewable on the Engage Channel (975).

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With Valentine's Day around the corner, if you dropping off any gifts or cards please continue to use the main entrance of the Health Center. Our concierge team is ready to accept the package or card, and we have other team members readily available to safely deliver to residents.

Following currently Department of Health and Centers for Medicare and Medicaid Services (CMS) COVID-19 testing guidelines, we continue to test team members twice weekly and residents once weekly. In this week's testing, two residents in the 2 PC neighborhood tested positive for the virus. Following our standard protocols, the residents are currently in the COVID-19 neighborhood until they reach recovery status. There are currently three team members also positive for the virus. As a reminder, the [COVID-19 dashboard](#) is updated as changes occur.

Thank you for your continue support and encouragement. With the Super Bowl coming this weekend, please remember to avoid gathering in groups to best protect yourself and others.

For reference:

Path Forward www.thevillageatrockville.org/pathforward

COVID-19 Dashboard www.thevillageatrockville.org/covid-19-dashboard

Window Visits www.signupgenius.com/go/tvarvisits

Virtual Visits www.signupgenius.com/go/tvarvirtualvisits