



A National Lutheran Community

To: All Residents, Families and Team Members

From: Kyle Hreben, Executive Director

Date: March 5, 2021

Subject: Health Center Path Forward Update

Memorandum

COVID-19 one year later... on Friday, March 6, 2020, we wrote the first of what would become known as our weekly COVID-19 updates with a subject line of "Coronavirus Update – Low Risk Exposure." Our community was thrust into the COVID-19 spotlight when Governor Hogan announced during a press conference that two Montgomery County residents attended an event at The Village at Rockville, and then within seven days they became the first Maryland residents to test positive for COVID-19. Contact tracing of their visit sent a number of residents and team members into quarantine for 14 days. By the grace of God, none of the residents or team members who attended the same event contracted COVID-19, yet there would still be uncharted deep waters ahead.

Throughout those uncharted deep waters, we have each faced challenges – personally and collectively. From our team members who work during the day and home school their children in the evenings, to residents who have gone 365 days without seeing their loved ones. We've learned new technology to stay connected, and we all probably have a fairly large supply of toilet paper and hand sanitizer, just in case. We wear face masks, wash our hands constantly, watch our distance and have taken advantage of getting a COVID-19 vaccine with the opportunity.

Everyone has made sacrifices, yet with encouragement and positivity, we have continued to make it through the uncharted deep waters together. I cannot say that I am grateful for the past 365 days of unrest and unfamiliar circumstances of COVID-19, but I am grateful for the strength shown by every single individual that is a part of The Village at Rockville family.

This week, for the first time in close to 51 weeks, we were able to invite loved ones back into The Village at Rockville to see residents! It's been very heartwarming to see the expressions on faces and to hear the laughs and conversations.

At this time, we are continuing with the same schedule for **Indoor Visits**:

Assisted Living:	Mondays: 10 a.m. to noon, 4-5 p.m. and 6-7 p.m. Fridays: 10 a.m. to noon
Second and third floors:	Tuesdays 10 a.m. to noon, 3-5 p.m. Thursdays: 10 a.m. to noon, 4-5 p.m. and 6-7 p.m. Saturdays: 10 a.m. to noon

Currently, 3 Virginia residents or residents under isolation precautions are not eligible for in-person visitation. Please note that guidelines for indoor visits are available in the [February 26 Path Forward Update](#).

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Following an in-person visit this week, one family member shared his appreciation with us with this message:

"...I wanted to thank you and your well-organized staff for an excellent and safe visit today! It was evident that everyone I came into contact with was well-prepared and COVID trained to ensure visitors and residents alike were safe. It's reassuring and comforting to again realize how much the Village Family cares and loves my mom and what a great place she is in. Job well done!"

Limited **salon services** are currently available for Health Center residents by appointment only. Our stylist will be on-site offering *limited salon services* on Wednesdays, Thursdays and Fridays from 9 a.m. to 3 p.m.

Assisted Living: Thursdays

Second and third floor: Wednesdays and Fridays

For the first month, we are asking that families only schedule one appointment to allow all residents to receive salon services who wish to do so. For infection control reasons, each floor has a designated day for salon services. Appointments can be made at

www.signupgenius.com/go/tvarsalon or by calling 301-424-9565 or extension 11000.

Currently, 3 Virginia residents or residents under isolation precautions are not eligible for in-person visitation.

We also moved to weekly COVID-19 testing this week for team members, resulting in no positive test results. Residents will only be tested if presenting with symptoms of COVID-19.

Mark your calendars and share with your family, friends and neighbors – our **annual Easter Celebration** will be on Saturday, April 3 from 1-3 p.m. The event will be drive thru style and will have several stations for children to enjoy including: live music, cotton candy, Easter goody bags, and an Easter craft.

I am truly honored to be a part of The Village at Rockville and have been continually amazed by the commitment of our entire community to fight the COVID-19 pandemic together. The collaboration among team members, residents and families has brought so much strength and pride to our community. Thank you for the part that you have personally played in the growth of The Village at Rockville over the past year.

For reference:

Path Forward /COVID Dashboard www.thevillageatrockville.org/pathforward

Indoor Visits www.signupgenius.com/go/indoorvisits

Virtual Visits www.signupgenius.com/go/tvarvirtualvisits