



A National Lutheran Community

**To:** All Residents, Families and Team Members

**From:** Kyle Hreben, Executive Director

**Date:** March 12, 2021

**Subject:** Health Center Path Forward Update

## Memorandum

We continue to hear from families and residents how much they are enjoying their visits with one another. When we receive your kind words of encouragement, we make sure to post those messages in team member areas so that everyone has the opportunity to experience your words of gratitude.

Since March 1, we have been following the Maryland Department of Health's guidelines for indoor visits. On Wednesday evening, March 10, the Centers for Medicare and Medicaid Services (CMS) released new guidance for in person visitation. Our team has reviewed the CMS guidance and based on the guidelines that we implemented for our March 1 visitations, we are able to continue visits in the same manner as we have for the past two weeks. We will continue to look for opportunities to enhance visitation experiences as well as the re-opening of the community in the coming weeks ahead.

Currently, we are following our weekly COVID-19 testing guidelines for team members and upon symptoms for residents. It is important to remember that if a resident tests positive for COVID-19, it may impact the in-person visitation schedule. As always, we appreciate the efforts of our entire community to remain diligent on practicing proper infection control protocols.

### Other community news:

#### **Dining Services update from Dining Services Director Larry Snowberger**

March is National Nutrition Month, and we are featuring "Plants in Unexpected Places." Every week we will reconstruct menu items to increase the number of vegetables included in the featured menu item. This week's menu featured vegetable hash as a breakfast option, made with squash, zucchini, onions and potatoes. Later this month, our dieticians will visit Health Center residents with brownies and smoothies with hidden vegetables.

Residents also continue to enjoy communal dining together, with social distancing guidelines in place.

#### **Salon services update from ConnectedLiving Director Melissa Blackstone**

Salon appointments can now be scheduled once weekly, and beginning Wednesday, March 17, salon appointments times will be expanded to one-hour appointments to meet the service needs of residents, as well as infection control practice following each appointment. Our stylist will be on-site offering *limited salon services* on Wednesdays, Thursdays and Fridays from 9 a.m. to 3 p.m.

**Assisted Living:** Thursdays

**Second and third floor:** Wednesdays and Fridays

The times and days for each floor will remain the same. Appointments can be made at [www.signupgenius.com/go/tvarsalon](http://www.signupgenius.com/go/tvarsalon) or by calling 301-424-9565 or extension 11000. *Currently, 3 Virginia residents or residents under isolation precautions are not eligible for in-person visitation.*

**CONTINUED**

**COVID-19 testing results from Director of Nursing Lara Popoola**

In our weekly COVID-19 testing for team members, all tests returned negative. We are grateful for the efforts and actions of our team to continue to keep our community safe.

**ConnectedLiving programming from ConnectedLiving Director Melissa Blackstone**

This month on Wednesdays at 2 p.m., a special Women's History Month Series will air on The Engage Channel (975). Chaplain Barnes has also start incorporating Lenten Vespers every Wednesday at 4 p.m. on the channel.

We welcomed our music therapist back to the community this week. On Wednesdays, she will safely offer music therapy, rotating her schedule between second floor residents and assisted living residents.

Don't forget about our drive-thru Easter Celebration that is scheduled for Saturday, April 3 from 1-3 p.m. with a rain date of Monday, April 5. You'll find a flyer attached that you can share with family, friends and neighbors. Although visitation has re-opened in the building, this event will still take place outdoors. The event will have several stations for children to enjoy, including: live music, cotton candy, Easter goody bags, and an Easter craft. For more information, visit <https://www.thevillageatrockville.org/easteregg>

Enjoy your weekend!

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**For reference:**

Path Forward /COVID Dashboard	<a href="http://www.thevillageatrockville.org/pathforward">www.thevillageatrockville.org/pathforward</a>
Indoor Visits	<a href="http://www.signupgenius.com/go/indoorvisits">www.signupgenius.com/go/indoorvisits</a>
Virtual Visits	<a href="http://www.signupgenius.com/go/tvarvirtualvisits">www.signupgenius.com/go/tvarvirtualvisits</a>

# DRIVE-THRU *Easter* Celebration

*Join residents, team members and their families*

**SATURDAY, APRIL 3, 2021 | 1-3 P.M.**

*RAIN DATE: MONDAY, APRIL 5*



**The Village at Rockville**  
9701 Veirs Drive  
Rockville, MD 20850



*Turn into The Village at Rockville campus at the entrance near the electronic sign. You will be directed to the event from there.*

- \* Goody bags
- \* Easter eggs
- \* Cotton candy
- \* Easter crafts
- \* Socially distanced photo station
- \* Live music



**Please RSVP by Monday, March 29**

**[www.thevillageatrockville.org/easteregg](http://www.thevillageatrockville.org/easteregg)**

**Call 301-354-8466 for more information**

*Social distancing must be practiced and masks must be worn for participation.*

*Team members/families are welcomed to join.*

*Children's Easter baskets will be raffled off for team members who participate.*

**Car decorations are highly encouraged**



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