



A National Lutheran Community

Memorandum

To: Health Center Residents, Families and Team Members

From: Kyle Hreben, Executive Director

Date: May 7, 2021

Subject: Health Center Path Forward Update

The month of May is already off to an incredible start here at The Village at Rockville—A National Lutheran Community. Residents across the Health Center enjoyed an exciting Cinco de Mayo celebration featuring a live mariachi band. Our ConnectedLiving team is gearing up for exciting Mother's Day celebrations this weekend, and residents and families continue to visit together. It feels like the month of May will provide us with several exciting steps on our path forward journey.

We continue to receive negative test results among residents and team members, so we have shifted our focus to providing the COVID-19 testing monthly to non-vaccinated team members. This frequency is based on the Montgomery County COVID-19 positivity rate and updated testing guidelines provided from the Maryland Department of Health (MDH). POC (rapid) tests are completed for non-vaccinated team members. We will continue to keep you updated regarding test results.

We also appreciate your support with all of the changes we communicated last week according to updated guidance from the Centers for Disease Control (CDC) and the MDH. As a reminder, if you are visiting your loved one in the Health Center, you may not walk through the hallways and common spaces (including Lang Hall). Please utilize the options of visiting your loved one in their apartment, or going directly outside for your visit. As always, please follow proper social distancing protocols, masking and hand hygiene. Residents and resident family members who have been fully vaccinated may remove their masks in their loved one's apartment, however social distancing is still encouraged.

It is so nice to see residents enjoying meals with each other with greater regularity. Fully vaccinated residents can enjoy meals and programming with each other without social distancing. When residents who are not fully vaccinated join, all residents should wear masks and social distance.

ConnectedLiving programming from ConnectedLiving Director, Melissa Blackstone

Happy Mother's Day to all residents who are celebrating in our Health Center. We truly have an exciting weekend of fun programming prepared for residents to enjoy.

- On Thursday, May 6, we celebrated with assisted living residents. Residents enjoyed a special performance and we shared flowers with all of the mothers.
- We will celebrate with second floor residents on Saturday, May 8 at 2 p.m. with special performances in each community and gifts of flowers.
- Please use visits this week and next to enjoy time with your mom and those you are celebrating for Mother's Day (aunts, sisters, etc.) in our Health Center.
- We encourage you to bring special gifts using the cart in the atrium of the Health Center.

Next week will be just as exciting, as we have several events scheduled with residents to celebrate Skilled Nursing Week. At The Village at Rockville, Skilled Nursing Week takes on a larger meaning as we celebrate all team members who contribute to the profession of skilled nursing as a whole under the name Team Member Appreciation Week. Residents in the Health Center will celebrate our togetherness as a community using the theme: Together through the Seasons. Following is a schedule of fun programming that residents in the Health Center will enjoy.

- Monday: Spring Festival
 - Funnel cakes
 - Outdoor games
 - Music
- Tuesday: Fall Ball Movie
 - Movie in Lang Hall with "ball treats"
- Wednesday: Winter Wonderland (each neighborhood)
 - Winter themed fun in each neighborhood
- Thursday: Summer Jam
 - Carmen's ice cream truck
 - Live music

Please note the timing for these events will vary depending on each neighborhood. Also, please note that due to next week's celebrations, virtual visit times may vary. However, please regard this link to schedule your virtual visit. <https://www.signupgenius.com/go/tvarvirtualvisits>

Dining update from Dining Services Director, Larry Snowberger

This week we welcomed our newest member to the Dining Services Management team, Shayana Islam. Shayana joins our team as assistant director of dining. She will provide leadership to the Dining Services department in the Health Center. Shayana brings more than a decade of experience in senior living community dining to The Village at Rockville. She holds a degree in business management and recently acquired her certified dietary manager certificate.

With Mother's Day approaching, we have been busy preparing our homemade chocolate-dipped strawberries to serve to mothers in the Health Center. We are so excited to provide the favorite dessert that the mothers in our community look forward to each year for Mother's Day.

How will you shower Mom for Mother's Day? As always, you may schedule visits with loved ones in the Health Center as follows:

- Schedule your visit with a resident in assisted living
here: <https://www.signupgenius.com/go/tvaralvisits>
- Schedule your visit with a resident on the second or third floor
here <https://www.signupgenius.com/go/indoorvisits>

Just in case you want to schedule your mom for a trip to the hair salon before or after Mother's Day, please do so here: <https://www.signupgenius.com/go/tvarsalon>

Enjoy Mother's Day, everyone. As you visit, may the light of your mom's smile illumine your path forward.

For reference:

Path Forward /COVID Dashboard www.thevillageatrockville.org/pathforward