



A National Lutheran Community

To: All Residents, Resident Families and Team Members

From: Kyle Hreben, Executive Director

Date: May 14, 2021

Subject: Health Center Path Forward Update

Memorandum

This week we enjoyed a remarkable week of celebration at The Village at Rockville—A National Lutheran Community. Residents and team members celebrated Skilled Nursing Week in the Health Center, where they enjoyed community-building activities in homage to team members who contribute to the profession of skilled nursing and residents who benefit from skilled nursing. In the spirit of togetherness, residents and team members enjoyed a spring festival complete with funnel cakes and music, fall-themed movies, winter wonderland photos, a paint and sip program and a Summer Jam featuring live music and an ice cream truck.

There was much to celebrate from a clinical perspective, too. COVID-19 tests continue to return negative results and we are continuing on our recommendation by the Maryland Department of Health to test unvaccinated team members according to Montgomery County's positivity rate.

We understand that the Centers for Disease Control (CDC) has updated their guidance regarding masking and social distancing, however, the Maryland Department of Health (MDH) has not changed their requirements. We are required to continue to follow current regulations stated by MDH. Once these change, we will notify residents and families of the updated information.

As a community, we continue to celebrate the efforts of residents and resident families for keeping up the good work following safety protocols. Keep masking and practicing healthy hand hygiene and social distancing guidelines, as your hard work is not only benefiting family members but also the entire community. The schedule of visitation helps us with managing the necessary cleaning and disinfecting as well as social distancing for everyone in the building. As a reminder, visitors should not be anywhere in the building except the resident's room or apartment or going to and from outside. This includes stopping in at the nurse's station or hallways to speak with staff.

Family members are now authorized to do residents' laundry. If you plan to wash your loved one's laundry, please pick up/drop off those laundry items in their room on the days when you come in for your scheduled visits. Laundry cannot be left at the main entrance. Please inform the nursing staff if you plan to start doing your loved one's laundry.

ConnectedLiving programming from ConnectedLiving Director, Melissa Blackstone

We continue to be excited that residents are seeing their loved ones with greater regularity. As you are scheduling appointments with your loved one, please remember the following:

- We are seeing a trend of families using both the in-person visits twice per week and the virtual visits offered twice per week
- We are asking families to please be mindful/courteous of other family members who cannot physically visit in person and limit their virtual visit to **once per week if that visit is necessary.**
 - Schedule your virtual visit here: <https://www.signupgenius.com/go/tvarvirtualvisits>
 - Schedule your visit with a resident in assisted living here: <https://www.signupgenius.com/go/tvaralvisits>
 - Schedule your visit with a resident on the second or third floor here <https://www.signupgenius.com/go/indoorvisits>
 - Residents are looking pretty well-coiffed around our community. Schedule your loved one for a salon appointment. <https://www.signupgenius.com/go/tvarsalon>
- Don't forget - Resident Council for second floor residents meets Tuesday, May 18 at 2 p.m. in Lang Hall.
- Last but certainly not least, we would like to wish Loretta Pelletier a happy belated 100th birthday! We were so glad to have the opportunity to celebrate this milestone birthday with Loretta and her family!

Dining update from Dining Services Director, Larry Snowberger

Have you noticed changes in the Health Center's menu? The menu was adjusted recently to take advantage of our seasonal items. Residents truly enjoyed the fresh watermelon and sautéed leaks.

- The month of May's super food is eggs. Eggs are loaded with high-quality proteins, vitamins, minerals good fats and various trace nutrients.
- On Wednesday, Freddy, our cook in the Health Center was center stage to provide cooked to order eggs for assisted living residents. Residents were excited to have him with us to prepare their orders live and in-person.
- Look for special dishes made with eggs all month and served in dining venues across the community.

Again, thank you for taking the necessary walk forward on our shared path so that residents and team members can enjoy these brighter May days. We look forward to seeing you around the community soon.

For reference:

Path Forward /COVID Dashboard www.thevillageatrockville.org/pathforward