



A National Lutheran Community

**To:** Health Center Residents, Families and Team Members

**From:** Kyle Hreben, Executive Director

**Date:** July 30, 2021

**Subject:** Health Center Path Forward Update

## Memorandum

As of today, we have been COVID-19 free for 110 days. To celebrate this milestone we are asking team members, residents and resident families to send in a short appreciation video to show your appreciation to team members and other residents and families for safeguarding our community. We encourage you to include your loved one in the video as well or to record your loved one saying thank you. Even that one word is enough for everyone to feel appreciated. When you record the video, please turn your cell phone horizontally. Please email your video to Christina Sykes, marketing communications manager, at [csykes@thevillageatrockville.org](mailto:csykes@thevillageatrockville.org). The deadline for submission is Friday, August 10.

As we celebrate we must also renew our commitment each day to continue to remain hyper vigilant in our fight against COVID-19. Thank you for all of your efforts in following Centers of Disease Control (CDC) and Maryland Department of Health (MDH) guidance while in our community and visiting with friends and family outside of the community. We appreciate your commitment to following these guidelines and those outlined below to the letter, as we continue to safeguard our community. Our Health Center visitation guidelines remain in effect. *While you may have seen this information in previous updates, we encourage you to continue to read them with care, as we have made nuanced changes to streamline our process.* The following guidelines apply to visitation for assisted living, long-term care and short-term rehabilitation residents. We are open 7 days a week for daily visitation between **10 a.m. and 7 p.m.** with the following guidelines in place:

- Visitors are NOT authorized to leave the building and return later to continue a visit. Please do not ask for an exception at this time.
- Residents may receive one visit per day. If a second visit is attempted, you will be turned away and asked to come another day.
- Coordination of visits should be done among families and friends.
- Two visitors are allowed per visit – please inform the front desk if both visitors are not arriving at the same time.
- Visitors may choose to be onsite during meal times, however, are not authorized to be in the resident's dining room. Visitors must remain in the resident's room/apartment or outside.
- Children under 12 are not permitted to visit at this time.
- Masks are required throughout the building and must cover your mouth and nose
  - If you and your loved one are fully vaccinated you may choose to remove masks within the resident's room only.
  - If a visitor is not fully vaccinated, the mask is required at all times.

Visitors can only visit in resident's apartment/room or outdoors. Visitors may not visit in common spaces. This includes: rehabilitation gyms, dining rooms, Lang Hall,

care base/nurses station, staff offices, The Village Bean, taking your loved one on a stroll through building, the Chapel, etc.

- Note: Visitors may purchase items from The Bean when leaving the building.
- Outdoor visits are highly encouraged.
- Visitors must sign-in/out and be screened for COVID-19 questions and temperature. Anyone with symptoms or with a temperature above 100.0 degrees will not be permitted to enter.
  - Visitors must enter the name of the resident they are visiting during the sign-in process.
  - Visitors will be provided a mask to wear during their visit.
- Visitors are not permitted to attend any ConnectedLiving programming.
- Per the Maryland Department of Health, any newly admitted resident who is not fully vaccinated for COVID-19 or residents with potential/suspected exposure will be placed on observation and will not be authorized to have visits until observation is complete. Visits will be offered for end-of-life situations.
- Our staff continue to routinely clean and disinfect high-touch areas to keep our community safe.

#### **Virtual visits**

- Virtual visits may only be used for family members who cannot attend in person. This means, if you are visiting your loved one in person, you should not sign-up for virtual visits.
- Each community will have a virtual visit slot offered one day per week.

#### **Salon services**

- Please note that the salon will now be open for full services (with the exception of manicures and anything listed under spa treatments), beginning in August.
- The salon dates for the Health Center have not changed. The salon is open on Wednesdays and Thursdays from 9 a.m. – 3 p.m. The stylist will see residents according to room location.
- Wednesdays: Second and third floor
- Thursdays: Assisted living
- Sign up for your salon visit here: <https://www.signupgenius.com/go/tvarsalon>  
To reach the stylist, call 301-424-9565

#### **Library services**

- **The library is now open again for visits from residents!** Residents can come to the library and check out/return books during their designated times. Masks must be worn at all times. Residents should sanitize their hands when they enter the library and as they are leaving.

- **Below please find a schedule for when Health Center residents may visit:**
  - Monday: 10 a.m. to noon                      Assisted living
  - Tuesday: 1-3 p.m.                              Second and third floor
  - Thursday: 10 a.m. to noon                      Assisted living

Please note: the library is a resident-only space. Family members are not permitted.

**Other updates**

- We know that many members of resident families have been caring for their loved ones for an extended amount of time. As caregivers ourselves, we know that caring for your loved one is easier with support. We are pleased to partner with Jenerations Health Education to provide you with complimentary virtual seminars to support you in your caregiving journey. Go to [www.thevillageatrockville.org/caregiving](http://www.thevillageatrockville.org/caregiving) today to register for a few sessions or the whole year.
- Resident Care Plan and Service Plan meetings will continue to be held virtually through Microsoft Teams or as a conference call until further notice.
- Chaplain Charlene is out on medical leave until August 28. If you would like to wish her a speedy recovery, feel free to email her at [cbarnes@thevillageatrockville.org](mailto:cbarnes@thevillageatrockville.org) or leave a card for her at the front desk.
- Sunday Worship services will continue at 10 a.m., with the help of the ConnectedLiving team and Chaplain Intern Joy. Pastor Paul Opsahl, a retired pastor of the Evangelical Lutheran Church in America (ELCA)
- Don't forget these upcoming opportunities for Health Center residents to gather together for worship on the following Tuesdays at 3 p.m. during the months of July and August:
  - Aug 17 – Health Care residents first floor and second floor only
  - August 24 – Health Care residents first floor and second floor only
  - August 31 – Health Care residents first floor and second floor only
  - If you cannot make it to the service, you may watch it the following Sunday on The Engage Channel (975) at 10 a.m.

**For reference:**

Path Forward /COVID Dashboard [www.thevillageatrockville.org/pathforward](http://www.thevillageatrockville.org/pathforward)