



A National Lutheran Community

To: All residents, families and team members

From: Kyle Hreben, Executive Director

Date: November 12, 2021

Subject: Health Center Path Forward Update

Memorandum

As we continue to provide an atmosphere in our community that is free of infectious disease, we are focused on three things – vaccinations, visitation guidelines and having a safe and healthy holiday season.

The Village at Rockville provided Health Center residents with the Johnson & Johnson COVID-19 vaccine booster dose earlier this week. We will be providing additional doses of the Moderna vaccine booster for Health Center residents on Tuesday, November 23. The resident care team will be in contact for those who still need the booster.

Also, the Centers for Disease Control (CDC) recently authorized COVID-19 vaccines for children ages 5-11. As we know from our experience with vaccinating The Village at Rockville community, vaccinations help all of us stop the spread of COVID-19. Please encourage members of your family and your friends to have children in this age range vaccinated through their pediatrician or local pharmacy.

Our current visitation guidelines continue to remain in force. Please regard the following guidelines as you visit your loved one:

- Visitors are welcome from 10 a.m.-9 p.m. with no more than two visitors in a resident's room/apartment at one time.
- **Visitors are not authorized to be anywhere else in the Health Center building except for the resident's room/apartment.**
- Visitation guidelines will not change for the upcoming holidays. Visitation guidelines will remain reflective of the current federal and state regulations.
- Visitors are not authorized to eat with resident/guest at any time during their visit.
- We are now in prime cold and flu season. Visitors should avoid coming to the Health Center if they have cold and flu symptoms, even when they are certain that they do not have COVID-19. We encourage all visitors to get their annual flu vaccine before visiting.

Finally, if a resident chooses to go to a family member's home for a holiday meal, their visit will need to be coordinated with their nurse and physician in advance. This will help us keep residents safe and well as we approach the holiday season.

Thank you and have a wonderful weekend.