

# Helpful Tips for Making the Move

Throughout our lives, we naturally accumulate more and more items like clothing, books, furniture and decorations. Once reaching our older years, we may find ourselves up to our necks in stuff, making downsizing and a potential move appear overwhelming. Check out these awesome tips that make the daunting task of packing easy!

## Have a positive attitude

Having a positive attitude will make all the difference in packing all your belongings. Have fun with your move, reminisce on all of your memories and embrace this new step in life!

## Enlist help!

Don't be afraid to ask for help! Having a moving crew or family members assist with the move will help make the process run along more smoothly and reduce stress.

## Sort your items

When it comes to selecting the items you will be bringing with you, keep in mind the size of the new home you will be living in. You may not need all your large pieces of furniture or decorative pieces.

## Recognize that you can't keep everything

There will be items you are certain you don't want and other ones you are not sure you want to part ways with. A good tip would be to rank items that are up for debate and the ones that rank the lowest could get left behind or be donated.



## What do I do with all the leftover junk?

Now that everything you want to take with you is packed up, you're probably going to be left with a lot of miscellaneous items you aren't sure what to do with. Here are a few suggestions: take a trip to the dump, rent a dumpster or have a company come in and take all the junk away.

**Now you are ready to move on to the next step in your journey, and don't worry, the hard part is now over!**