



A National Lutheran Community

To: All Assisted Living residents and families
From: Erin Wheeler, Healthcare Administrator
Date: October 26, 2022
Subject: Assisted Living Path Forward update

Memorandum

As we continued following our protocol for testing of our AL residents, five additional residents from our 1 Virginia AL neighborhood tested positive. Each resident is following current guidance for quarantine and staff are adjusting their routines to ensure support and engagement in their apartments. Families of those who tested positive have been contacted.

We are working closely with the Maryland Department of Health and are in communication with them daily. Currently, we recommend the following changes to 1 Virginia visitation guidelines:

- If you are ill or not feeling well do not visit.
- If your loved one has tested positive, we recommend not visiting until after the quarantine is complete.
 - If you decide to visit, please be aware you are at risk for getting COVID.
 - We will provide appropriate personal protective equipment (PPE), which must be worn during your visit.
 - We recommend not visiting during mealtimes.
- If your loved one has not tested positive, there is a chance they and you may still be at risk. We recommend short visits in resident apartments.

Some of the additional measures our team has taken include increased disinfection of surfaces and handrails, increased hydration offerings, no group activities, one-on-one programming for each resident, in room meals encouraged for non-positive residents as appropriate, and non-positive residents eating in the dining room are seated one per table.

We continue to update our Path Forward dashboard with any COVID cases on our campus, www.thevillageatrockville.org/path-forward/.

Thank you for your continued support.