

# Choosing a Life Plan Community? Start with These Questions



Deciding to move to a Life Plan Community is an important step, and it's natural to want to ensure you're making the best possible choice for your future. These communities, often called Continuing Care Retirement Communities (CCRCs), offer a range of living options and services designed to meet the changing needs of older adults. But with so many factors to consider, it's crucial to start by asking the right questions.



## **What are my current and future needs?**

Before choosing a Life Plan Community, take time to evaluate not just your current lifestyle, but also how your needs may change over the years. Do you want a community that offers independent living now with access to assisted living, skilled nursing or memory care if needed later? Understanding the full spectrum of services available is key to long-term peace of mind.

## **What amenities and activities are important to me?**

Life plan communities often boast a variety of amenities, from fitness centers and swimming pools to hobby workshops and dining options. Think about your interests and hobbies. Will the community support the lifestyle and leisure activities you value most? Take note of the social opportunities as well — it's essential to find a community that fosters a sense of belonging and engagement.

## **What are the financial options?**

Cost is a major consideration when choosing a Life Plan Community. Explore the pricing structure and contract types offered. Are there entrance fees in addition to monthly costs? What happens if your financial situation changes? Asking these financial questions upfront will help you make an informed decision and avoid surprises later.

## **What is the community's reputation?**

Take time to research the community's history, reviews and reputation. Speak with current residents, tour the facilities and ask about staff qualifications. A trustworthy and well-managed community will have a transparent approach to answering your questions and addressing any concerns.

Continued on page 2



Call 301-355-2801 or visit: [www.thevillageatrockville.org](http://www.thevillageatrockville.org)

*The Village at Rockville is affiliated with National Lutheran Communities & Services, a faith-based, not-for-profit ministry of the Evangelical Lutheran Church in America, serving people of all beliefs.*

---

## Final thoughts

Choosing a Life Plan Community is a deeply personal decision, rooted in your goals, priorities and vision for your retirement years. By asking these core questions and taking a thoughtful, proactive approach during your search, you'll be better equipped to find a community that fits your lifestyle and supports your dreams for the future.

**Contact us today at [301-355-2801](tel:301-355-2801) to learn more about how The Village at Rockville—A National Lutheran Community can be the perfect fit for your next chapter.**

---

*Call 301-355-2801 or visit: [www.thevillageatrockville.org](http://www.thevillageatrockville.org)*



*The Village at Rockville is affiliated with National Lutheran Communities & Services, a faith-based, not-for-profit ministry of the Evangelical Lutheran Church in America, serving people of all beliefs.*